



## Helen J. Frey

February 18, 1937 - November 14, 2025

Helen J. Frey 88, of Lancaster, passed away on Friday November 14, 2025, at Hospice and Community Care in Mount Joy. She was the wife of the late Gerald L. Frey, Sr., who passed away in 2020.

Helen was born in Lancaster on February 18, 1937, to the late Henry and Catherina (Braun) Hamm. She was a 1955 J.P. McCaskey High School Graduate, where she was in the National Honor Society. She played violin in the orchestra. Helen had worked at Armstrong Cork Co. and RR Donnelley. She supported her husband Gerald on the Lancaster Christian School Board of directors. She was a member of Calvary Church in Lancaster for 84 years, where she helped with the children's ministry, served as Connectors Sunday School teacher's helpers, and served in the nursery. Helen enjoyed crocheting, reading, doing puzzles, traveling, and hosting dinner parties and BBQs. She enjoyed sharing her family story of how God provided and protected her family as they immigrated from Russia after the Bolshevik Revolution.

Surviving are her children, Gerald L. Frey, Jr. (Cheryl), of Loysville, Kathy Yoder (Ted deceased) of Leola, Wendy Latham (Jeffrey) Fountain, CO, six grandchildren, and four great-grandchildren. She was preceded in death by her son Jeffrey A. Frey, and her siblings, Albert Hamm (Rita), Erna Brodhecker (Walter), Anne Acker (Ray), and Mary Carper (Richard).

A Memorial Service will be held on Monday December 29, 2025, at 11:00 AM at Calvary Church, 1051 Landis Valley Road, Lancaster, PA. Interment will be held privately.

In lieu of flowers, contributions can be made to: Calvary Church Global Ministries: Calvary Church, 1051 Landis Valley Road, Lancaster PA.

# Previous Events

## Memorial Service

DEC **29**. 11:00 AM (ET)

Calvary Church  
1051 Landis Valley Road  
Lancaster, PA 17601

# Tribute Wall

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“ Marc and Yulia Roe (Gamm) planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Helen J. Frey.

Marc and Yulia Roe (Gamm) - December 26, 2025 at 10:29 PM

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“ Marc and Yulia Roe (Gamm) purchased the Arrive in Style for the family of Helen J. Frey.



Marc and Yulia Roe (Gamm) - December 26, 2025 at 10:29 PM

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“ I don't have adequate words to express what Helen's friendship has meant to me over the years. I will miss our frequent texts, photos sharing our life events, a verse from God's word and always a word of encouragement. Helen's rock solid confidence in our Savior and Lord was always so helpful.

Jerry and Helen's home was always open--where we joined in worship and "refueling". Helen was an exceptionally good cook and gave new meaning to hospitality. So much laughter and good times! I never remember Helen ever once saying a negative word about anyone. She had a gentle, loving, encouraging spirit. I bid her sorrowful farewell but know she has received an overcomer's welcome in Glory.

Lovingly, Carole Harrison

Carole Harrison - December 08, 2025 at 01:03 PM